Why in the World Is There Suffering?
The news these days is bad almost every day. The number of people being infected and killed by Covid-19 keeps going up, and more and more people are being affected by job losses and company closures resulting from the coronavirus pandemic. Natural disasters and other diseases, meanwhile, continue to take their toll on lives around the world. Suffering seems to be everywhere, and it raises lots of emotions and questions.

We might find ourselves wondering why bad things happen to good people, and why good things happen to bad people. After all, to many of us it makes sense that a terrorist would be killed by his own bomb. It makes sense that a reckless driver would be in a serious accident. It makes sense that a person who plays with fire would get burnt. It even makes sense that a chain-smoker would develop lung cancer.
But what about the innocent men, women, and children who are killed by that terrorist’s bomb? What about the young driver who suffers severe brain damage because that drunk crashed into him? What about the people infected by Covid-19 due to no fault of their own? And what about all those people who get cancer even though they’ve been careful with their health?

We may not be able to know why one person gets singled out for a disease, but we can know in part why diseases exist. Even though we may not understand why we face a certain problem, we can know how to deal with the situation and to respond in the right way.

A World of Suffering

Imagine a world without pain. What would it be like? At first, the idea may sound appealing. No more headaches, backaches, sore throats, or upset stomachs. No more throbbing sensations when the hammer misses the mark and lands on your thumb. But there would also be no more sensation to alert you to a broken bone or torn ligaments. No alarm to let you know that an ulcer is eating a hole in your stomach. No discomfort to warn of a cancerous tumour. We might not like pain, but it
often serves a good purpose. It warns us when something goes wrong. The cause of the pain, rather than the pain itself, is the real problem.

The writer C. S. Lewis said, “God whispers to us in our pleasures, speaks to us in our conscience, but shouts to us in our pain; it is His megaphone to rouse a deaf world.” In that way, pain alerts us to the bigger problem wracking our planet. Loss, mental and emotional torment, wars, famines, and diseases all proclaim that the world is not as God made it to be.

We seem to have convinced ourselves that we have the right to good health and to live the kind of life that we desire. Yet when faced with the anguish of suffering, we can be tempted to cry out: “It’s not fair.” Many people choose to openly deny God’s existence, and others reject Him by quietly living their lives as if He doesn’t exist. But even that very feeling of unfairness seems to be a recognition that God exists.
Nevertheless, in so many different ways, people declare that they want a world without God. So He has given us what we want—a world without His perfect rule. A world of suffering.

But the Bible tells us that God still cares about our anguish. It tells of His deep love for us, even though we seem so determined to do things our own way and to ignore Him.

So is this world of suffering all we have to look forward to?

**A World Without Suffering**

*When God created the world,* it was perfect. No pain. No suffering. No death. Everything was in perfect balance with God in charge, and He enjoyed a close, loving relationship with Adam and Eve, the first man and woman.

But the Bible tells us that Adam and Eve stubbornly rejected God’s good rule, thinking they knew best. They disobeyed Him. They wanted to take the crown off God’s head and put it on their own. The Bible calls this rebellion against God “sin”. Because of sin, an idyllic world and man’s perfect relationship with God were ruined. Sadly, it’s an attitude that continues to this day, and we too live with the consequences of that
rebellion—pain, suffering, and death.

The cause of all this misery is the disobedience of mankind, which includes Adam and Eve, us, and everyone in-between. The problem isn’t of God’s making, and yet in His kindness He uses our suffering to teach us about Himself.

God wants us to discover the real solution to our suffering. He wants us all to trust in His plan. God has promised to deal with our sin and broken relationship with Him, and His solution offers the only hope in this suffering-filled world.

So what is this hope? The last book of the Bible reveals events that are still to happen. It tells us of a time when God will restore everything back to how He intended it to be. Revelation 21:3-4 tells us:

"God’s home is now among his people! He will live with them, and they will be his people. God himself will be with them."
He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.

Isn’t that the dream we all have? We all long for a perfect world where there is no pain or suffering. But no matter what we try—whether science, politics, environmentalism, or something else—nothing can create the perfect world. Only God can do that. And in the future when He does, God will be at the centre of everything, our relationship with Him restored. That is life as it is meant to be, and it’s what those who are rescued from sin can look forward to.

How Can We Be Rescued?

THE WORLD IS A MESS because of our sin. There’s nothing we can do in our own power to change that. So God sent one Man to fix everything, His only Son, Jesus Christ. Putting our trust in Jesus is the means of rescue. We see this in the Bible:

For this is how God loved the world: He gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. God sent his Son into the world not to judge the world, but to save
the world through him.  
(John 3:16-17).

The Bible tells us that when we put our trust in Jesus, we are promised eternal life. That means that when we die we will go to live with God, free from pain and free from suffering. But if we are honest with ourselves, we have to admit that we sin all the time by what we think, do, and say. So can we really be good enough for God to accept us?

When we were utterly helpless, Christ came at just the right time and died for us sinners…. God showed his great love for us by sending Christ to die for us while we were still sinners.  
(Romans 5:6-8).

In His kindness, God sent His only Son Jesus Christ to die in our place, the death we deserve. Jesus died for us “at just the right time”. Without Him, we are powerless to solve the world’s sin problem.

Jesus was not like us. He never sinned. He was the only human who never
rejected God. And yet Jesus endured the most horrific pain and suffering imaginable. He took that punishment for us. He was rejected, beaten, stripped, whipped, mocked, stabbed, and crucified—for our sins. He willingly died on the cross to pay the penalty for our disobedience so that we would not have to. As we’ve just read, “Christ came at just the right time and died for us sinners.”

What a price to pay! Jesus Christ laid down His life for people like you and me. But the story didn’t stop at the tomb. The Bible tells us Jesus rose from death. He overcame death for all who put their trust in Him.

That is why we should trust in Jesus. When we do, we put Him in charge of our lives, the barrier created by our sin is removed, and we have a restored personal relationship with God. We can have that wonderful future we read about earlier. No more tears. No more death. No more mourning. No more crying. No more pain.

Think back to how we started. This world can be a place of great joy, but it is marred by suffering and pain at every turn. We long to escape from it and will try many things to do so. But only the
promises and work of God can ever give any certainty of escape.

God’s power and promises turn everything we know upside now. We know that we’ll all have painful seasons in our lives, and that one day we will die. Nothing is more certain than that. And yet God promises something different: a life of peace, joy, and happiness with Him that never ends!

And what do we contribute to that world? We bring nothing; it’s all on God’s initiative. And so we are faced with the only real option: to trust in God’s solution.

As you’ve been reading this, you may have realised that you have never put Jesus at the centre of your life. It may be that you have never looked at the world in this way before. Perhaps the Bible’s diagnosis of this world’s suffering has struck you as true. You might want to start putting Jesus at the centre today.

If so, the words of the following
prayer will help you to do so. If you pray it sincerely, it’s a new beginning. This is the start of your life as a Christian; and it’s the right way to live now and the only way to live in that promised world that will be free from tears, death, mourning, dying, and pain.

This prayer simply admits that we have rejected God. It also thanks Him for the love He shows us in Jesus, and asks for His help to trust Him every day. It’s easy to do, but it’s also the biggest decision you will ever make:

Dear God,

I know that I have not lived my life trusting in You, and that in my own strength I cannot do anything to rebuild the relationship I’ve broken with You.

Thank You for loving me so much. Thank You for sending Your Son to die on the cross to pay the penalty for my sin.

With Your help I now put my faith in You, and I trust in Jesus Christ as my

God promises something different: a life of peace, joy, and happiness with Him that never ends!
rescuer. I want to stop living my own way, and instead want to let You take control of my life. Please help me to do this.

Honestly acknowledging our sin and trusting Jesus’ rescue puts us in the relationship with God that we were made for. And what a privilege that is!

The Christian life is a small glimpse of what God’s new world will be like in the future. Christians can rely on the promise of an everlasting future with God, as we saw in Revelation 21:3-4. For those who trust God, any pain and suffering in this life is only a temporary thing, compared to the eternity ahead of us. There will be a day in the future when we are pain free, suffering free, and living in a restored perfect world.

Being a Christian doesn’t mean that we won’t have pain and suffering in the meantime, but God will give us strength to cope. The Christian life will not always be easy, but we can, through prayer, ask for God’s help each day. We can live for Him now, and look forward to the day when God’s promises of a new world are realised—when there will be no more death, no more mourning, no more crying, and no more pain.

It may be that you want to learn more
about the claims of the Bible and how you can live for God now. If you would like to do that, you can use the attached reply slip to ask for some resources to be sent to you directly.

You can also check us out online at odb.org to see the many other printed and digital resources available.

Scripture quotations are taken from the Holy Bible, New Living Translation, copyright ©1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.
Do you want to find out more about Jesus?
You can read A Story of Hope, a booklet that can tell you a bit more about him.

Scan the QR Code to read it online, visit ourdailybread.org/tell-me-more, or contact us for print copy.

Check out odb.org for more print and digital resources by us!
Our Daily Bread Ministries
PO Box 15, Kilsyth, VIC 3137, Australia
Tel: (+61-3) 9761-7086, australia@odb.org

Our Daily Bread Ministries Ltd
PO Box 74025, Kowloon Central Post Office, Kowloon, Hong Kong
Tel: (+852) 2626-1102, Fax: (+852) 2626-0216, hongkong@odb.org

ODB Indonesia
PO Box 2500, Jakarta 11025, Indonesia
Tel: (+62-21) 2902-8950, Fax: (+62-21) 5435-1975, indonesia@odb.org

Daily Bread Co. Ltd
PO Box 46, Ikoma Nara 630-0291, Japan
Tel: (+81-743) 75-8230, Fax: (+81-743) 75-8299, japan@odb.org

Our Daily Bread Berhad
PO Box 86, Taman Sri Tebrau, 80057 Johor Bahru, Malaysia
Tel: (+60-7) 353-1718, Fax: (+60-7) 353-4439, malaysia@odb.org

Our Daily Bread Ministries
PO Box 303095, North Harbour, Auckland 0751, New Zealand
Tel: (+64-9) 444-4146, newzealand@odb.org

Our Daily Bread Ministries Foundation
PO Box 47-260, Taipei 10399, Taiwan R.O.C.
Tel: (+886-2) 2585-5340, Fax: (+886-2) 2585-5349, taiwan@odb.org

Our Daily Bread Ministries Thailand
PO Box 35, Huamark, Bangkok 10243, Thailand
Tel: (+66-2) 718-5166, Fax: (+66-2) 718-6016, thailand@odb.org

Our Daily Bread Ministries Asia Ltd
5 Pereira Road, #07-01 Asiawide Industrial Building, Singapore 368025
Tel: (+65) 6858-0900, Fax: (+65) 6858-0400, singapore@odb.org
Many people, making even the smallest of donations, enable Our Daily Bread Ministries to reach others with the life-changing wisdom of the Bible. We are not funded or endowed by any group or denomination.